



GOLDEN RULE SEAFOOD

MARKET AND RESTAURANT

BRUNCH

BENEDICTS

* Classic Benedict

English muffin, poached egg, Canadian bacon & topped with hollandaise sauce. Served with truffle dusted smashed potatoes 15

* Enjoy a classic benedict or mix it up with one of these options

Crab Benedict 17

Salmon Benedict 17

Lobster Benedict 19

BREAKFAST BOWLS

American

Scrambled eggs tossed with ham & cheese then served over our truffle dusted smashed potatoes 13

Southwestern

Truffle dusted potatoes, topped with two eggs over easy, sausage, pico de gallo, avocado & sour cream 15

* Cajun

Two eggs over easy served on a bed of grits then topped with Shrimp & Sausage made in a tomato sausage gravy 15

BREAKFAST SANDWICHES

Breakfast Biscuit

Egg, cheese and bacon, ham or sausage. Served with truffle dusted smashed potatoes 11

* Soft Shell Crab

Lightly breaded and fried soft-shell crab, topped with an over easy egg, hollandaise, spring mix & tomato. Served on a bagel with a side of fried grits 16

* Salmon & Cream Cheese

Nova, served with a plain or everything bagel, capers, tomato slices, Bermuda onion & cream cheese. Served with truffle dusted smashed potatoes 13

HOUSE SPECIALTIES

Mile Marker 141 Breakfast

two eggs, one waffle, grits or potatoes, toast, and your choice of bacon or sausage 16

Chicken & Waffles

Belgian style waffles served with panko crusted chicken wings and drizzled with hot honey. Served with seasonal fruit 13

Breakfast Burrito

Scrambled eggs, cheese and your choice of ham, bacon or sausage. Served with fried grits 13

Southwest Burrito

Scrambled eggs, cheese, avocado, pico de gallo, sour cream and your choice of ham, bacon or sausage. Served with fried grits 15

Biscuits & Gravy

Served with two eggs and grits 12

Nutella & Banana Stuffed

French Toast

Served with seasonal fruit 13

Waffles

Two Belgian Style waffles served with seasonal fruit 11

KIDS

All kids meals include a beverage and are served with seasonal fruit

Waffle 7

French Toast 7

One egg & bacon or sausage 7

SIDES

Fried Grits 4

Fruit 3

Grits 3

Cheese grits 4

Truffle Dusted Smashed Potatoes 3

Bacon 4

Sausage 4

Canadian Bacon 4

One Egg 3

Sliced tomatoes 3

Toast 3

Bagel 4



#goldenruleseafood

@goldenruleseafood

goldenruleseafood.com

*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have any medical condition.

BEVERAGES

FISHERMAN'S SUNRISE

RumHaven Coconut Rum, orange & pineapple juices, coconut puree & grenadine 9

IRISH COFFEE

Jameson, coffee & whipped cream 9

HENDRICK'S FRENCH 75

Hendrick's Gin, Champagne & fresh squeezed lemon juice 10

ESPRESSO MARTINI

Stoli Vanilla, coffee liqueur & espresso 10

BLOODY MARY

With a Golden Rule twist including our Signature shrimp, Blackie's hot sauce, Old Bay & Stoli Vodka 13

JACK'S RASPBERRY ICED TEA

Jack Daniel's, iced tea & raspberry puree 10

CUCUMBER LEMONADE

Croc's cucumber vodka, fresh muddled cucumbers, lemonade 9

MIMOSA 6

GUAVA MIMOSA 7

PEACH BELLINI 7

ICED TEA 2.60

COFFEE 2.60

JUICES 2.60

OJ, Grapefruit, Cranberry, Pineapple, Tomato, Apple

MILK 2.60

CHOCOLATE MILK 2.60

FOUNTAIN BEVERAGES 2.60